



Work Based Internship

BY: KAYLA BURNS

YMCA – Carolina Crossing branch. York, SC



** pictures are from Google and not of the actual children for privacy and safety reasons**

Daily Duties

- ▶ Everyday a counselor is assigned a duty they must complete before they clock out. Duties range from cleaning/ checking bathrooms monitor swim, check in/ check out, monitor study hall, & sweep/ mop.

After check in the children are called alphabetically to get their snack.



After snack the children are sent upstairs for study hall.



Every Monday, Wednesday, &
Friday the students go swimming in
the pool .



On bright and sunny days the counselors take the kids outside to play & get some exercise.



What I learned

- ▶ The YMCA is such a diverse place. The children come from all different walks of life. The physical appearance of children isn't the only one that varies. My role was not to be their friend. I am 18 and they think because we're both close in age they can get away with not behaving. I learned to put my foot down with them.
- ▶ I have learned about teamwork and coworker dynamics as well. Avoiding conflict and negativity was my goal. When someone is doing wrong and your supervisors will not listen find someone who will. Wrong doing must be corrected immediately. Do not let anyone walk all over you. Sometimes adults are not the most mature in the situation. You have to take that role often times. Most importantly take yourself out of compromising positions.